

August 2008

<http://www.cohealth.org/>

Our eNewsletter for the month of August is later than usual, and will not have many of the useful links and news items that were planned for this issue due to an unnatural series of computer glitches. Sorry. Look for these items in the September eNewsletter.

Overview

Concept Healthcare was created as a vehicle to bring useful behavioral concepts, approaches, and principles -- in the form of online educational modules, continuing education events, and live seminars -- to individuals and institutions who provide health care, home care, or palliative care to older adults. The use of "concept" in the company name supports the notion that effective, comprehensive health care should incorporate the psychological as well as the medical, and individualized, patient-centered care is good for the individual and good for the system. Patient-centered care is good for the individual because it is respectful of his or her wishes, future outlook, and decision-making process. It is good for the health care system because, by recognizing how psychological comorbidities, like depression, fear, worry, and hopelessness, can negatively impact treatment compliance and management of an illness, patient-centered care can welcome a new ally to the health care delivery system, the patient himself.

Lofty goals, to be sure, but our team of advisors and subject matter experts all share this same vision: to raise the importance of treating the whole person, especially older adults, and inform paid and unpaid caregivers of some useful behavioral approaches. With the next week, you will notice some changes on our website, and an added concentration on elementary course material in the area of aging and mental health for nurses' aides and direct care workers. There will also be a "buy one, get one free" feature, offering a different free course each month with a purchase of an online course.

Direct Services

Concept Healthcare's affiliated professional corporations ("CoHealth Services") are now contracting with LTC facilities for the delivery of mental and behavioral health services in southern California and Texas, and hiring professional staff. An affiliation between the professional corporations and the online training programs will bring a supply of staff support and consultation programs to these sites, as well as regular educational offerings for our clients and our professional staff. CoHealth's psychologists will also have extra training in behavior medicine, to help reach those residents whose psychological complications are adversely affecting their medical conditions, and to promote integrated care plans. Our expertise in Medicare and integrated care allows us to bridge both worlds successfully, and bring the best of both to bear in our contracted

Lunch and Learn Series

Wednesdays, at 11 (PDT)

Join us for our series of live web conferences every Wednesday at 11am, Pacific time.

- The seminars are easy to access using a single phone line (audio) and an optional internet connection (for viewing PPT slides)
- Any number of staff may attend at a single site, for a single registration fee
- All 1 hour (1.0 CE credit)
- Login information and a copy of the *Participant Guide* are sent in advance

September 3

Mental Health and Rehab: Collaborating in LTC for Patient Benefit
(*APA, CA BRN, BBS, TXBSW, FLBSW) - Sally Browder, PhD

Register

facilities. Actually, it's not hard to envision a consortium developing in the future of like-minded mental health groups working with LTC, who share the same values and ideals about innovative behavioral health programs, professionalism, and quality care.

If you are interested in working with us as a mental health practitioner, or contracting with us for direct services, or know of someone who might be, please contact Concept Healthcare's main office, at 858-272-3992, or send an email to info@cohealth.org. And, if you have any early thoughts on establishing a consortium of service delivery groups, let us know.

September's Theme: Partnering between Behavioral Health and LTC

Throughout the month of September, our web conferences, our FREE online course, and our FREE caregiver teleconference will highlight the theme of partnering. The live presentations in the **Lunch and Learn Series** of web conferences will have this focus:

- collaboration between mental health and rehab
- blurred lines between psychological and medical disorders
- establishing a mental health practice in LTC
- foundations of disease management

Our **FREE presentation for family caregivers**, scheduled for Thursday, Sept. 18, is on "Orientation to Skilled Nursing Facilities -- Who's Who, and Who Does What." This is scheduled at 1:00pm PDT, 2:00 MDT, 3:00 CDT, and 4:00 EDT. The live tele-seminar is for family members and guests. Please encourage family caregivers to participate, and call 858-272-3992 to register and obtain the PIN.

And starting in September, **one course will be available, PRO BONO**, when any other online course is purchased. And, in keeping with the theme of partnering, this month's free course is on Disease Management and Promoting Adherence to Medical Regimen in Diabetes.

Other Items

A free video is available describing the use of various pain-rating scales and demonstrating how to assess for pain in any older adult. Four pain rating tools are described, the Faces Pain Scale, the Verbal Descriptor Scale, the Numeric Rating Scale, and the Pain Assessment in Advanced Dementia Scale. Go to <http://links.lww.com/A251>. You will be forwarded to another nursing center site hosting this video, and click on "try This Video."

The World Health Organization has released data on fall prevention programs for older adults, worldwide. The link is <http://www.who.int/bookorders/anglais/detart1.jsp?sesslan=1&codlan=1&codcol=15&codcch=723>

Continuing Education

All course fees now include CE credit. Concept Healthcare is

September 10

Blurred Lines between Psychological and Medical Disorders in Older Adults: A Primer for Caregivers (*APA, CA BRN, BBS, TXBSW, FLBSW) - Brenda Billimoria, LCSW

Register

September 17

A Comprehensive Approach to Establishing a Mental Health Practice in LTC Settings (*APA, BBS, TXBSW, FLBSW) - Joseph Casciani, PhD

Register

September 24

Foundations of Disease Management: Stress, Emotions, Illness (*APA, CA BRN, BBS, TXBSW, FLBSW) - Harry Mills, PhD

Register

Reminder: September 18 - 1:00pm PDT, 2:00 MDT, 3:00 CDT, 4:00 EDT: A FREE Telephone Workshop for Family Caregivers: Orientation to Nursing Homes -- Who's Who, Who Does What, and What Questions to Ask", offered by Angelika Shore, Regional Manager for CoHealth Psychology Services, North Texas. Presentation is about 30 minutes, followed by Q&A period. (no CE credit)

approved by the following agencies to provide continuing education credits:

Concept Healthcare is approved by the **American Psychological Association** (APA) to sponsor continuing education for psychologists. Concept Healthcare maintains responsibility for this program and its content.

Concept Healthcare is a provider approved by the **California Board of Registered Nursing**, Provider No. 15052. (States that accept nursing CE credits from CA BRN-approved providers include AL, AK, IA, KS, KY, MA, MI, NE, NV, OH, OR, TX-Type 1, UT, WY).

The **National Association of Boards of Examiners of Long Term Care Administrators** has approved this program. See Participant Guide for the NCERS Course Approval number. This course has been reviewed and approved by the NAB, NCERS, Course # 2412008-26746-1. NCERS strives to approve only quality programs whose content can reasonably contribute to the professional development of long term care administrators. If you have any confidential comments concerning this program which you would like to make to NCERS administration, please direct them by phone or email to NAB, 202-712-9040, nab@bostrum.com.

Concept Healthcare is a Certified Nurse Assistant (CNA) Continuing Education (CE) Provider, Nurse Aide Certification (NAC) #6728, approved by the **California Department of Public Health, Aide and Technician Certification Section**. This approved NAC number applies only to CNA/CHHA's in the State of California.

Concept Healthcare is an approved provider of the **California Board of Behavior Sciences** (Approval # PCE 4238). Courses meet the qualifications for CE credit for MFTs and/or LCSWs as required by the CA BBS.

Concept Healthcare is approved by the **Texas State Board of Social Work Examiners** (Provider # 5179). Consumer Complaint Hotline 800-942-5540.

Concept Healthcare is approved by the **Florida Board of Clinical Social Work, Marriage and Family Therapists and Mental Health Counseling** (CE Provider # 50-9732 Exp. 03/31/2009).

* There is no longer an additional cost for CE credit; if the course is approved for credit, a CE certificate will be awarded upon completing the course.

See something you liked in this newsletter? Have a comment or suggestion about our newsletters? Tell us what you think. Email us at info@cohealth.org.



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Concept Healthcare emails may sometimes not be delivered correctly to your inbox. To avoid this problem, please click [here](#) to review our white listing information.

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